

EXPLORING YOUR REAL SELF...

Awaken to the Whole Being You Truly Are...
with the Powerful Tools of **PROCESS COACHING**[®]

A WEEKEND WORKSHOP WITH TRACEY WRIGHT

- ♥ Break free from old patterns.
- ♥ Learn new tools for healthy relating.
- ♥ Reclaim lost parts of your whole Self.
- ♥ Experience more love, joy & happiness.



Process Coaching[®] is a new modality for emotional healing that enables us to become comfortable with all feelings as they arise and makes it remarkably easy to heal difficult emotions. Whether loss of love, depression, anger, fear, addiction, or any other difficult emotional situation, the tools and methods learned open new ways to easily process emotions and become your own Healer.



Tracey Wright is a certified Process Coach and Teacher with over fifteen years of experience in the healing arts. Tracey integrates her practices of the Shamanic Arts, Feminine Power, Qigong, nature awareness and meditation with the very effective healing tools of Process Coaching. She loves to explore and share the truth and power that comes from discovering the Deeper Connected Self. Tracey offers individual, relationship, and teen coaching.

Weekend Workshop: Saturday & Sunday, July 23 & 24
10:00 am – 4:30 pm ~ Mountain House Holistic Center,
11 ½ S. Washington St., Sonora

Tuition for the weekend: \$50 deposit, plus donation at the end of the event.

Also available, the 240-page Process Coaching Practitioner Manual
& two telephone check-ins for coaching after the weekend.

Payment plan available.

For further information, contact: Tracey at (209) 213-9694.
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