

# EXPLORE YOUR UNIVERSE

Awaken to the Whole Being You Truly Are...  
with the Powerful Tools of **PROCESS COACHING**<sup>®</sup>

**A WEEKEND WORKSHOP** WITH **TRACEY WRIGHT**

- ♥ Break free from old patterns.
- ♥ Learn new tools for healthy relating.
- ♥ Reclaim lost parts of your whole Self.
- ♥ Experience more love, joy & happiness.



**Process Coaching** is a new modality for emotional healing that enables us to become comfortable with all feelings as they arise and makes it remarkably easy to heal difficult emotions. Whether loss of love, depression, anger, fear, post traumatic stress, addiction, or any other difficult emotional situation, the tools and methods learned open new ways to easily process emotions as your own Healer.



**Tracey Wright** is a certified Process Coaching Teacher with over fifteen years of experience in the healing arts. Tracey integrates her practices of the Shamanic Arts, Feminine Power, Qigong, nature awareness and meditation with the very effective healing tools of Process Coaching. She loves to explore and share the truth and power that comes from discovering the Deeper Connected Self. Tracey offers individual, relationship, and teen coaching.

Weekend Workshop: Saturday, October 8th  
10:00 am – 4:30 pm ~ Mountain House Holistic Center,  
11½ South Washington Street, Sonora

Tuition for the weekend: \$50 deposit, plus donation at the end of the event.  
Also available, the 240-page Process Coaching Practitioner Manual  
& two telephone check-ins for coaching after the weekend.  
Pre-Registration is required. Payment plan available.

For further information, contact: Tracey at (209) 213-9694.  
[traceywrightthere@gmail.com](mailto:traceywrightthere@gmail.com)