

DREAM YOURSELF AWAKE!

Awaken to the Whole Being You Truly Are...
with the Powerful Dreaming Tools of **PROCESS COACHING**[®]

WEEKEND WORKSHOP WITH **TRACEY WRIGHT**

- ♥ Break free from old patterns.
- ♥ Learn new tools for healthy relating.
- ♥ Reclaim lost parts of your whole Self.
- ♥ Experience more love, joy & happiness.



Process Coaching[®] is a new modality for emotional healing that enables us to become comfortable with all feelings as they arise and makes it remarkably easy to heal difficult emotions. Whether loss of love, depression, anger, fear, addiction, or any other difficult emotional situation, the tools and methods learned open new ways to easily process emotions and become your own Healer.



Tracey Wright is a certified Process Coach and Teacher with over 16 years of experience in the healing arts. Tracey integrates her practices of the Shamanic Arts, Feminine Power, Qigong, nature awareness and meditation with the very effective healing tools of Process Coaching. She loves to explore and share the truth and power that comes from discovering the Deeper Connected Self. Tracey offers individual, relationship, and teen coaching.

Weekend Workshop: Saturday, January 29th
10:00 am – 4:00 pm ~ Sierra Hills Center
178 Big Trees Rd., Suite A6, Murphys, CA

Tuition for the weekend: \$65 deposit, plus donation at the end of the event.
Also available, the 240-page Process Coaching Practitioner Manual

Pre-Registration is required. Payment plan available.

For further information, contact: Tracey at (209) 213-9694 traceywrightthere@gmail.com

Danielle Kenna will offer yoga for specific chakras & make a delicious vibrant lunch that's included!