



# *Experience Your True Greatness!*

with Michele Rocha

Wednesday evenings in Sebastopol,  
beginning January 27, 2016

As Human Beings in physical bodies, we have the advantage of being both a person—and the deep, sentient Being that has been hidden under the personal identity. The greatest block to fully healing has been the gap between our personal selves and the larger, hidden Self we truly are. Take the leap this year into your greatest and truest Self and claim the power and authority of your whole Being. Join

in the fun of learning and using amazing new tools for self-exploration and healing. In this six-week class series we will explore the deep Self applying the practices and perspectives of Healing to Wholeness and Process Coaching®.

- ♥ Undo old conditioning and discover the deep wisdom of your feelings.
- ♥ Heal the gap between who you've thought you are and who you truly are.
- ♥ Love the intensity of fully living as the Being you are.
- ♥ Collaborate successfully with the manifesting magic of the Universe.

Michele Rocha is a certified Process Coaching Teacher with over ten years experience in this work and a lifetime of exploring the edges of love.

Class dates are 1/27, 2/3, 2/10, 2/17, 2/24 and 3/2 from 6:00 to 8:30 pm in Sebastopol.

Tuition is \$225 and includes all six classes, weekly telephone check-ins with coaching between classes, the 240-page *Process Coaching Practitioner Manual* & 2-CD set *Healer's Practices*.



Call Michele at 707-535-9651 to register or for more information.