



# *Fanning the Flames of Self-Love*

with Michele Rocha

Wednesday evenings in Graton, beginning September 10, 2014

Love is the true medicine of healing. Unconditional love is the answer to every problem and the quickest way to be more of who you really are and have more of what you truly want. Self love is where real love begins. Join us in this six-week class series to explore the art and practices of Process Coaching®—amazing new tools for self exploration and healing. In this class you will learn how to:

- ∞ Undo old conditioning and discover the vast wisdom of your feelings.
- ∞ Turn unloving judgments into loving acceptance.
- ∞ Love your deepest desires and open space for them to manifest.
- ∞ Tap into the powerful and loving intuition of the Universe.

Michele Rocha is a certified Process Coaching Teacher with over ten years experience in the healing arts and a lifetime of exploring the edges of love. Class dates are: 9/10, 9/17, 9/24, 10/1, 10/8 & 10/15 from 6:00 to 8:30 pm in Graton, CA. Cost is \$195 and includes all six classes, weekly telephone check-ins between classes, the 240-page *Process Coaching Practitioner Manual*, & 2-CD set *Healer's Practices*. [ProcessCoaching.com/michele](http://ProcessCoaching.com/michele)



Call Michele at 707-535-9651 to register or for more information.