

BODY LOVE! WITH BEVERLY LAWRENCE



SIX-SESSION FOUNDATION CLASS IN THE TOOLS OF PROCESS COACHING[®]
Tuesdays, Sep. 12, 19, 26, Oct. 3, 10, & 17 ~ 6:00PM – 8:30PM Willits

We will explore fun ways we can deepen our love and acceptance for Body and acknowledge that Body is where we live. By 'being' Body we can connect with the energy of the Universe and access deep intuition to lovingly inform all the decisions we make. Through *Body Love* practices we can be more real... and embody a new, deeply nurturing and healing energy.

- ♥ *Love and care for your body as you would a newborn baby.*
- ♥ *Dissolve self-hatred and replace it with love.*
- ♥ *Find traumas in Body and heal them.*
- ♥ *Learn to connect with the manifesting energy of the Universe.*
- ♥ *Discover how Body knows exactly what it wants.*
- ♥ *Feel your deepest feminine energy and activate your desires.*



Beverly Lawrence is a certified Process Coach, Teacher & Trainer, a Family Constellation Facilitator & Essential Oil Practitioner. She is also a Waldorf Educator, Graduate of the Berkeley Psychic Institute, and works as a Behavioral Consultant, supporting children with autism and their families.

*Cost \$180, includes Healers Guide and telephone check-ins.
To register or for more information call Beverly (707) 484-3385*