

InPowering Your Intentions



Taking Radical Responsibility For The World We Want

**A Six-Session Zoom Class
with Jessy Jane**

Sundays, 10:00 am – 12:30 pm
Oct. 18, 25, Nov. 8, 22, Dec. 6, 20

Process Coaching[®] is a new modality for emotional healing that enables us to become comfortable with all feelings as they arise and makes it remarkably easy to heal difficult emotions. Whether loss of love, depression, anger, fear, addiction, or any other difficult emotional situation, the tools and methods learned open new ways to easily process emotions and become your own Healer.

- ♥ Transmute challenges to possibilities.
- ♥ Learn to feel emotions as powerful life force energy.
- ♥ Become your own loving Healer.
- ♥ Remove blocks that prevent your true potential.

Jessy Jane has been learning and practicing Process Coaching for 10 years and is a Certified Process Coach. She is passionately activated to share these tools of self-exploration in service to those who want healing, authentic relating, freedom, and LOVE. She integrates this work into all of her roles as a mother, teacher, school director, and naturalist. She founded EarthStars Nature School in Round Valley, CA for children to learn in a space where they are 'Free To Be!'



Cost for the class series: \$180, which includes weekly check-ins, the 240-page *Process Coaching Healer's Guide*, and the 19-mp3s *Healer's Practices*.

For registration, or further information, contact: Jessy Jane (707) 889-3898.

ProcessCoaching.com/Jessy