

# IGNITE YOUR INTUITION!

WITH LINDA CHARLES,  
INTUITIVE READER, PROCESS COACH,  
TEACHER AND TRAINER



Learn the powerful self-exploration tools of PROCESS COACHING®

*"Your Intuition won't fail you; the quest...  
is to silence your mind so you can feel your way home." -Nikki Rowe*

- Learn to ground yourself and clear your energy.
- Gain intuitive insights by reading the energy of others.
- Retrieve & heal past lives as your own shaman.
- Channel from your deepest Being.
- Learn to 'stalk' and dispel negative mind-talk.

**Process Coaching** is a unique approach to deep emotional healing in the service of manifesting what you truly want. You'll learn the powerfully effective tools and inner art of Process Coaching with new tools for self-exploration and healing with inspiration from Hypnotherapy, Neuro-Linguistic Programming, Right Use of Will, Shamanic Wisdom, and Psychic Awareness.



**Linda Charles, CGA, CHP** is a Certified Process Coach, clairvoyant, tarot reader and certified handwriting analyst. Her background also includes hands on healing and past life regression. Linda offers individual Process Coaching sessions and psychic readings in Sacramento. *"I love to help people connect more deeply with their psychic essence and discover their own answers."*

Sunday, July 29 and/or Saturday, Sept 29, 12 noon – 5:00 pm  
650 Howe Avenue, Bldg. 500, Sacramento  
Cost for each class: \$50.00

For registration and/or questions, contact: Linda 916-206-0927

[www.lindadcharles.wix.com/deepconnecting](http://www.lindadcharles.wix.com/deepconnecting) ~ [ProcessCoaching.com/linda](http://ProcessCoaching.com/linda)