



# LET HEART LEAD YOUR LIFE

## LOVE BEING YOUR TRUE SELF

LEARN THE POWERFUL TOOLS & FRAMES OF  
PROCESS COACHING®

- ♥ *Learn tools to free yourself from judgments.*
- ♥ *Discover more of who you truly are.*
- ♥ *Experience more love for yourself, family & others.*

**Process Coaching** is a unique approach for achieving deep emotional healing in the service of manifesting what you truly want. You will learn the powerfully effective tools and inner art of Process Coaching, a synthesis of Hypnotherapy, Neuro-Linguistic Programming, Right Use of Will, Shamanic Wisdom, Psychic Awareness, and the Intuitive Arts. As you bring the power of love and healing fully into your life, true magic and transformation happens.



**Sarah Hoel** has worked in several non-profit organizations teaching early childhood and special education, and counseling both children and adults. With degrees in Early Childhood Education and Special Education from Wheelock College, Counseling/Human Relations from Villanova University and certification in Reiki level two, Sarah brings a potent blend of personal skills and resources to her Process Coaching practice. *"I love helping people discover a new way of self-exploration and healing that allows them to truly love all of themselves."*

Six-Session Class: Sundays, March 10, 24, April 7, 21, May 5, 19  
1:30 – 4:00 pm ~ Location TBA

Cost for the class series: \$225, which includes weekly telephone check-ins, a 240-page Process Coaching Practitioner Manual, and Healer's Practices 2-CD set.

For registration, or further information, contact: Sarah 978-304-0674

[ProcessCoaching.com/sarah](http://ProcessCoaching.com/sarah)