

# DESIRE PRACTITIONER CLASS



## A PRACTICUM IN MANIFESTING WHAT YOU DESIRE

**Thursdays, 6:30 pm - 9:00 pm (and one Tuesday)**

**July 7 (the only Tuesday), 23, August 6, 20, September 3, 17**

**Location: 114 S. School Street - Ukiah**

This class is for those who have a strong foundation in Process Coaching and want to apply the tools and perspectives of Process Coaching to more fully manifesting what they want in their lives. Sessions are experiential and include group work and one-on-one process work. We will also focus on becoming increasingly resourceful as the Healer in our moment-to-moment process in order to move through the blocks that hinder us, love ourselves as we are, and manifest more of what we truly desire in our lives.

***Betty Idarius*** is the co-founder of Full Circle Wellness Resource Center in Ukiah. Her background includes 30 years as a homebirth midwife, as well as extensive experience in Neuro-Linguistic Programming, hypnosis, mind-body healing and spiritual psychology. Betty enjoys helping others find the resources inside themselves in order to have more of what they really want in their lives. She offers individual process coaching sessions and relationship coaching for couples.

***Adam Bulbulia*** is a certified process coach with 5 years experience in process coaching and over 10 years of experience in the healing arts. Adam weaves together his experience as a Waldorf Educator with the healing approach cultivated in Healing to Wholeness. "I love helping people become their own guide on a pathway to embodying their deepest dreams and living the life they really want to live." Adam offers individual, relationship, and teen coaching sessions in Ukiah and Sebastopol.

Tuition for all six classes is \$185,  
which includes telephone coaching support in using the techniques in daily life.

To register contact: Betty 463-3739 or Adam 829-3028  
or visit: [www.ProcessCoaching.com](http://www.ProcessCoaching.com)